

Another chapter begins.

Not everything will make sense immediately,  
and that's okay. Just promise yourself  
you won't ignore your heart this year.

*Happy Birthday*



Happy Birthday to you



May you wake up one day and realize  
you've quietly healed from things you  
never talked about. Growth isn't loud —  
and you're doing better than you think.



HAPPY  
*birthday*

I hope this year feels lighter than the last.  
I hope you laugh without overthinking, love  
without fear, and choose yourself a little  
more every day.





*Cheers to another year of growth,  
change, and becoming even more yourself.  
I'm proud of you.*

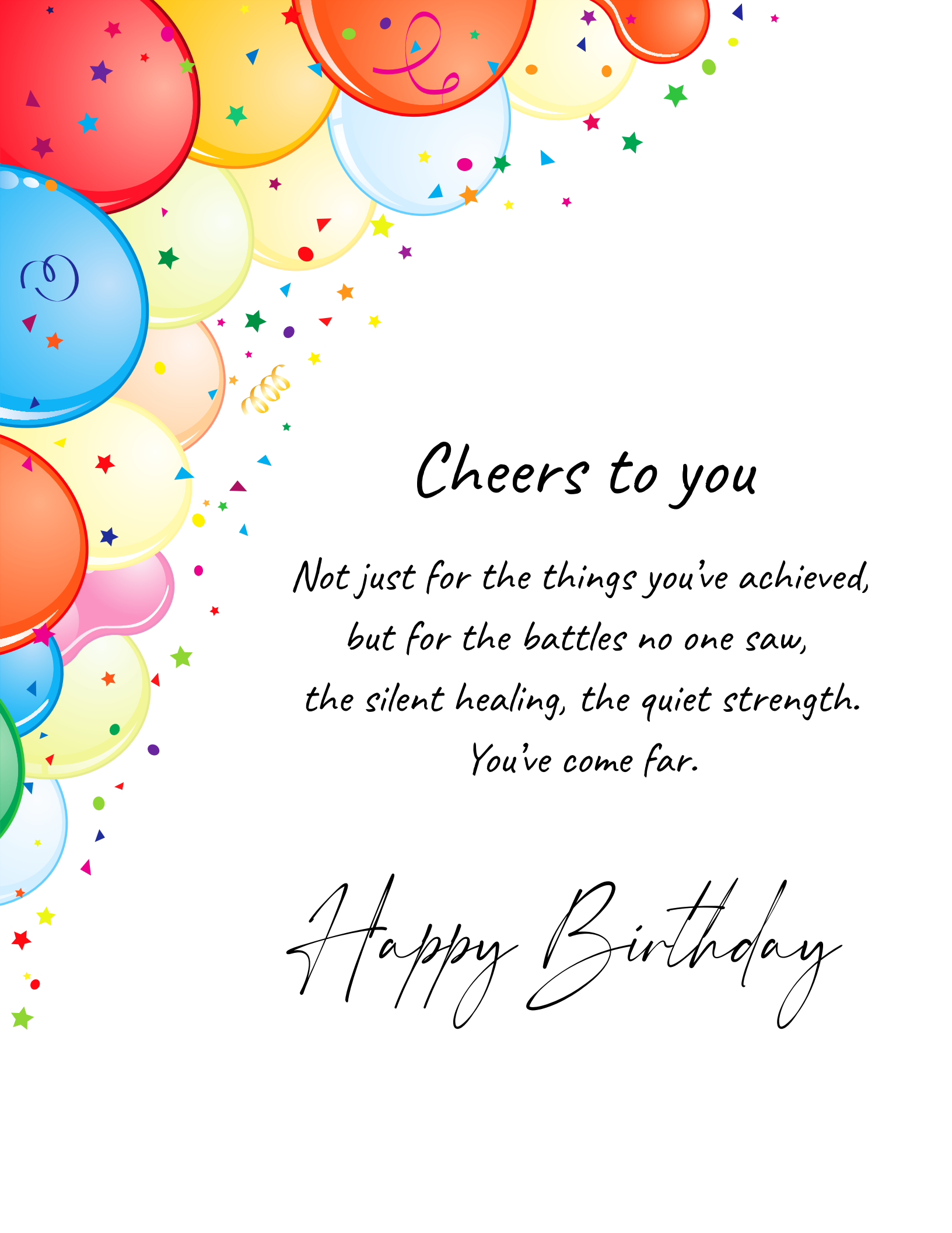
*Happy Birthday*

May this year be the one where  
everything starts aligning for you.  
You're meant for beautiful things.

Happy Birthday







*Cheers to you*

*Not just for the things you've achieved,  
but for the battles no one saw,  
the silent healing, the quiet strength.  
You've come far.*

*Happy Birthday*

# HAPPY BIRTHDAY

*Some days will feel heavy.*

*Some days will feel like sunlight.*

*Both are part of becoming.*

*Be gentle with yourself this year.*



# HAPPY BIRTHDAY

I hope the year  
ahead surprises  
you with gentle  
wins, kind  
people, and soft  
mornings.



*Happy Birthday  
to someone who makes life  
a little brighter just by being in it.  
Keep shining always!*

